

Sacramento United Soccer Academy



COST Each three month session costs \$150 and may be committed to separately.

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GO TO WWW.SACUNITED.COM FOR INFO

THE ACADEMY is a segmented recreational program that provides soccer skills training for 4, 5, 6, and 7 year olds and coaching education for interested parents that emphasizes fun for all participants. Sac United coaches lead twice per week, Monday and Wednesday, one hour camp sessions designed to maximize player touches on the ball, encourage dynamic foot skills and develop psychomotor and coordination. Players learn to try new moves in a safe setting. The aim is to share excitement for the game while developing confidence to be creative players and positive parent coaches. Players of all abilities are invited to participate. There are no tryouts. No prior playing or coaching experience is necessary. These three month sessions, starting February 1 (Spring), May 1 (Summer), and August 1 (Fall), cost \$150 each, and may be committed to separately.



SACRAMENTO UNITED SOCCER LEAGUE

ALL NEW!

During the Fall in 2010, on 8 Saturdays, Sac United will operate a U6-U8 recreational league, the **SACRAMENTO UNITED SOCCER LEAGUE**. Player talent will be divided equally into 5-player teams coached by selected **ACADEMY** parents in 4x4 matches, a structure designed to maximize engagement for all participants.

The league will be open free of charge to all players who have participated in at least one **ACADEMY** segment, camp, or other programming, during the year. Reversible game day jerseys may be purchased at Kombat Soccer. Game day schedule: September 11, September 18, September 25, October 2, October 9, October 16, October 30, and November 6.